

Cohort	Term 1	Pupils should know	Additional resources	CODE
Year 7		<ul style="list-style-type: none"> • How to talk about their emotions accurately and sensitively, using appropriate vocabulary • That happiness is linked to being connected with others. • How to recognise the early signs of mental wellbeing concerns • How to critically evaluate when something they do or are involved in has a positive or negative effect on their own or others' mental health <p>About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help</p>		HE1 HE2 HE3 HE5 RE12
Year 8		<ul style="list-style-type: none"> • How to talk about their emotions accurately and sensitively, using appropriate language • That happiness is linked to being connected with others. • Common types of mental ill health (eg. anxiety and depression) • How to recognise the early signs of mental wellbeing concerns • How to critically evaluate when something they do or are involved in has a positive or negative effect on their own or others' mental health • About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help 		HE1 HE2 HE3 HE4 HE5 RE12
Year 9		<ul style="list-style-type: none"> • How to talk about their emotions accurately and sensitively, using appropriate language • That happiness is linked to being connected with others. • How to recognise the early signs of mental wellbeing concerns • How to critically evaluate when something they do or are involved in has a positive or negative effect on their own or others' mental health 		HE1 HE2 HE3 HE4 HE5
Year 10		<ul style="list-style-type: none"> • How to talk about their emotions accurately and sensitively, using appropriate vocabulary • That happiness is linked to being connected with others. • How to recognise the early signs of mental wellbeing concerns • Common types of mental ill health (eg. anxiety and depression) • How to critically evaluate when something they do or are involved in has a positive or negative effect on their own or others' mental health 		HE1 HE2 HE3 HE4 HE5 RE12

		<ul style="list-style-type: none"> About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help 		
Year 11		<ul style="list-style-type: none"> How to talk about their emotions accurately and sensitively, using appropriate language That happiness is linked to being connected with others. How to recognise the early signs of mental wellbeing concerns How to recognise the early signs of mental wellbeing concerns Common types of mental ill health (eg. anxiety and depression) How to critically evaluate when something they do or are involved in has a positive or negative effect on their own or others' mental health About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help 		HE1 HE2 HE3 HE4 HE5 RE12