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| Year 8 Dance 1st Unit | |  | | | | | |
| **Enquiry Question: Everything is hard before it gets easy. Do you agree or disagree ?** | | | | | | | |
| **Unit title: Break Dance**  **Why now?** This unit builds upon knowledge and skills in choreography, performance and appreciation in Year 7 and 8 units of work. Students have an understanding of the key technical skills in dance actions, space, relationships and dynamics and how to create dances with them. Students understand what makes an excellent performance using expressive and physical skills in dance. Students have explored a history of street dance in year 7 and the stylistic features. The break dance unit builds upon this and challenges students to see the evolution of hip hop dance over time and to master the more complex technical skills needed for break dance. Students learnt about motifs in year 7 and now in this unit of work they will learn about why motif development is important and how to develop motifs using choreographic devices. | | | | | | | |
| **Knowledge**  Students will know about… | **Application/Skills**  Students will be able to… | | Vocabulary  *(Tier 2 and 3)* | Home Learning | Assessment | Extra Resources  Extended Reading | Cultural Capital |
| -History and evolution of hip hop and break dance over time  -Difference between dance styles learnt over year 7  -Motif and development and its importance in choreography, performance and appreciation  - Physical skills in dance and how the development of these skills are important to break dance  - Key break dance actions  -Choreographic devices | - Comment of similarities and differences between street, contemporary and break dance  - Watch, analyse, evaluate and interpret break dance videos commenting on stylistic features, expressive skills and physical skills  - Perform a series of break dance movements in a stylistically accurate way  - Create motifs using these movements and develop them using devices  - Rehearse using physical, expressive and technical skills  - Perform and evaluate their work and the work of others | | Bboys and bgirls  Popping  Locking  Breaking  Top rock  3 step  Coffee grinder  Baby freeze  Motif development  Retrograde  Tempo  Accumulative canon  Physical skills | Learn a new break dance move to add to your choreography  Create timeline of history of hip hop and break dance including stylistic features  Create a warm up that improves physical skills needed to perform break dance actions | Choreography and Performance of Break Dance - |  | Competition from the streets to the stage  Maintaining safe boundaries  Building trust between different groups of people  Hip hop culture  American history mid 1970s |