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| Year 8 – PE – Rounders/Softball |  | | | | | |
| **Enquiry Question: What skill is more importance to be good at batting or fielding?** | | | | | | |
| **Unit title: Rounders/Softball**  Why now? Students will build upon the skills they covered in Year 7 and continue to develop them under more challenging environments. The skills are constant but the students are taught the importance of honing these skills to improve their performance and what improved performance looks like. They are given the opportunity in Year 8 to develop the quality of each skill and use their analytical skills to highlight positives and negatives with their performance as well as others. | | | | | | |
| **Knowledge**  Students will know about… | **Application/Skills**  Students will be able to…  **(Continual development)** | Vocabulary  *(Tier 2 and 3)* | Home Learning | Assessment | Extra Resources  Extended Reading | Cultural Capital |
| Health and safety throughout all activities in particular the use of bats and the use of mits. Being responsible when throwing balls to each other.  Batting technique and how to use the equipment correctly to score runs/rounders.  Bowling technique and the rules associated with bowling.  Catching techniques and the most successful ways of catching. This includes the use of a mit in softball.  Evaluative skills and commenting on performances to give feedback that will improve performance. | Understand the rules of rounders/softball and apply these rules to a game situation.  Develop and practice a range of skills showing accuracy and control. These skills include: throwing, catching, batting, running  Linking skills together to effectively outwit your opponent both in practice situations and game situations.  Continue to evaluate your own and others performances using www.ebi | Base  Run  Rounder  Catch  Throw  ½ rounder  full rounder  double play  treble play | Attend softball club at Langdon Park.  Search rounders teams close to you via the rounders England website: <https://www.roundersengland.co.uk>  Search softball teams close to you via the British Softball website:  <https://www.britishsoftball.org/new-to-softball>  See Youtube/BBC sport for softba/rounders footage. | Question/Answer  Self- assessment  Peer assessment  Video analysis of performances. | <https://www.roundersengland.co.uk>  Rounders: Skills of the game.  <https://www.waterstones.com/book/rounders/alison-leslie/liz-cummins/9781861262349>  Softball Drill Book  <https://www.amazon.co.uk/Softball-Drill-Book-Kirk-Walker/dp/0736060707> | Go to see a live athletics event…  <https://www.roundersengland.co.uk> |