

Support Type	Service Name	Support Offered	Patient Criteria	Referral Method	Referral Contact
Food – Foodbanks TH	First Love Foundation				Online Referral Form: https://www.firstlovefoundation.org.uk/
	Christchurch		Everyone	Leaflet	<p>Every Tuesday 11am – 1pm – Need to bring proof of address Christ Church, Manchester Road, Isle of Dogs,E14 3BN.</p> <p>Foodbanks in E14: https://gpcg-my.sharepoint.com/personal/anisah_queshi_gpcg_onmicrosoft.com/Documents/Services%20and%20Referral%20Information/Food%20banks%20in%20E14.docx</p>
	Osmani Foodbank		Everyone	Online https://forms.gle/5q5GV7e5HmdYPoxi9	<p>Please kindly inform your clients to come to the Osmani Centre between times mentioned above. Also to bring proof of claiming benefit (letter or mobile screenshot) e.g. Universal Credit, PIP, Working Tax Credit, Child Benefit etc.</p> <p>If your client needs the food parcel to be delivered to their home address please provide their full name, address, contact number, name of benefit claiming and reason for home delivery. We only provide home delivery service for those who have Covid-19, are self-isolating or disabled and cannot leave their house (will need to show proof). We highly recommend for clients to come in to the centre and collect their food parcel to avoid disappointment,</p>

	Bow Road FoodCycle				<p>as we only deliver limited hours one day a week and there may be delays due to the current situation.</p> <p>Bow Road project https://www.foodcycle.org.uk/location/bow-road/</p> <ul style="list-style-type: none"> • Anyone can come and pick up a hot vegetarian meal (2 or 3 courses) and a bag of mixed groceries. It's all made by volunteers using surplus food • No referral needed, just walk up • The Methodist Church Tower Hamlets, 1 Merchant Street, E3 4LY • Collection is 7-8pm every Friday • You can pick up food for more than one person • We are taking the name and phone number of everyone who comes for Track and Trace purposes • We are currently getting 10-15 people each week, collecting food for 25-30. We have capacity to feed more people than this so we would love to increase our guest numbers. <ul style="list-style-type: none"> • Bethnal Green Foodbank- St Matthew's Bethnal Green St Matthew's Row London E2 6DT 020 7739 7586 Opening Hours, Wednesdays (2-7pm)
	Bethnal Green Foodbank				

	<p>BBBC</p> <p>St Luke's Millwall</p> <p>ChristChurch</p>				<ul style="list-style-type: none"> • Bromley-by-Bow Community Centre- St Leonard's Street, E3 3BT info@bowfoodbank.org 07934 734 603 Opening Hours, Mondays 08:30am - 12:30pm, inc. Bank Holidays. • St Luke's Millwall Church, Alpha Grove, London E14 8LH info@stlukesmillwall.org 020 7538 9862 Opening Hours, Monday and Thursday 10am-12pm • Christ church, Manchester road, Isle of dogs E14 3BN Opening Hours, Tuesdays 11am-1pm
<p>Food - Hot Meal Delivery</p> <p>TH</p>	<p>13 Rivers Trust</p> <p>Tower Hamlets Council</p>	<p>Hot meal every Tuesday or Thurs</p> <p>Regular phone calls, Emergency home visits, food and medication delivery, hot meals x3 week</p>	<p>Everyone</p> <p>Elderly</p>	<p>Form</p> <p>Call/Email</p>	<p>Fill out form online</p> <p>0207 7364 7956</p> <p>Community.partnerships@thh.org.uk</p>

Food- Hot Meals – Pick up	Whitechapel Mission				
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