

Year Group	SDC Strands and Curriculum Links			
	Be Professional (Character and Community)	Be Inclusive (Diversity and Relationships)	Be a Learner (Aspirations and Economics)	Be Knowledgeable (Wellbeing and Health)
Year 7	<p>Football, Netball, Athletics and Dance enrichment clubs and fixtures – all students invited.</p> <p>Social – Develop teamwork skills through competitive situations and leading on parts of the lesson.</p> <p>Performance and audience etiquette.</p>	<p>LGBTQ+ and ethnically diverse role models in sport discussed as part of national and international events.</p> <p>Assemblies delivered by the PE team including NSSW and social benefits of sport.</p> <p>Contact and use of relationships in Dance – maintaining safe boundaries</p>	<p>Specialist coaching from external providers including cricket and archery coaches.</p> <p>Linking with external community providers such as SENRAB FC.</p> <p>Links with Sadler's Wells Dance Organisation – Careers, Confidence and Creativity Event for International Women's Day (March)</p>	<p>Lessons on health and fitness – students to understand how to train effectively to keep fit.</p> <p>Theme: Exercise safely and warmup/cool down.</p>
Year 8	<p>Football, Netball, Athletics and Dance enrichment clubs and fixtures – all students invited.</p> <p>20-20 Cricket fixture at the Oval and Lords</p> <p>Performance and audience etiquette.</p> <p>Dance workshop led by external company as part of CDD</p>	<p>LGBTQ+ and ethnically diverse role models in sport discussed as part of national and international events.</p> <p>Assemblies delivered by the PE team including NSSW and social benefits of sport.</p> <p>Contact and use of relationships in Dance – maintaining safe boundaries</p>	<p>Specialist coaching from external providers including cricket and archery coaches.</p> <p>Linking with external community providers such as SENRAB FC.</p> <p>Links with Sadler's Wells Dance Organisation.</p>	<p>Theme: Knowing your body – bones/muscles.</p>
Year 9	<p>Football, Netball, Athletics and Dance enrichment clubs and fixtures – all students invited.</p> <p>Sport and Dance Leadership Qualification.</p>	<p>LGBTQ+ and ethnically diverse role models in sport discussed as part of national and international events.</p>	<p>Specialist coaching from external providers including cricket and archery coaches.</p> <p>Linking with external community providers such as SENRAB FC.</p>	<p>Theme: Exercising independently.</p>

	<p>Performance and audience etiquette.</p> <p>Dance workshop led by external company as part of CDD.</p> <p>Rambert Dance Peaky Blinders Show linking key aspects of the GCSE Specification</p>	<p>Assemblies delivered by the PE team including NSSW and social benefits of sport.</p> <p>Contact and use of relationships in Dance – maintaining safe boundaries</p>	<p>Talks with sporting professionals as part of the year 9 option process.</p> <p>Links with Sadler’s Wells Dance Organisation.</p>	
Year 10	<p>Football, Netball, Athletics and Dance enrichment clubs and fixtures – all students invited.</p> <p>Rowing workshop at London Docks in line with the GCSE practical spec.</p> <p>Performance and audience etiquette</p>	<p>Lessons on role models in sport through the GCSE AQA specification.</p> <p>Lessons on mental wellbeing through the GCSE AQA specification.</p>	<p>UEL visit for sports science taster session and university experience.</p>	<p>Lessons on weight and somatotypes in sport through the GCSE AQA specification.</p>
Year 11	<p>Football, Netball, Athletics and Dance enrichment clubs and fixtures– all students invited.</p> <p>Moral – Etiquette in sports and sportsmanship/gamesmanship – AQA GCSE Spec.</p>	<p>Lessons on sedentary lifestyles through the GCSE AQA specification.</p>	<p>Lessons on commercialisation and sponsorship in sport through the GCSE AQA specification.</p>	<p>Lessons on drugs and diet in sport through the GCSE AQA specification.</p>

SMSC in Physical Education			
Social	Moral	Spiritual	Cultural
<p>Teamwork, cooperation, and competition</p> <p>Communication and structured group work</p> <p>Accepting of others strengths and limitations</p> <p>Creative collaboration and problem solving</p> <p>Self and peer reflection</p> <p>PE enrichment clubs</p>	<p>Rules and etiquette in sports and performance</p> <p>Performance enhancing substances and the consequences of lifestyle choices</p> <p>Understanding the consequences of their actions and others around them</p> <p>Body image – social, economic and genetic factors</p>	<p>Building confidence, working towards a joint goal and achieving</p> <p>Using imagination and creativity</p> <p>Expressing and processing emotions which leads to personal growth</p>	<p>Watching live performances</p> <p>LGBTQ+ and ethnically diverse role models</p> <p>Enrichment clubs – Dance and Culture Club</p> <p>All physical education lessons link to the school’s culture of the 4 Be’s</p>