LUNCHMENU

GOOD FOR you

Love the food that loves you back♥

WEEK COMMENCING: 15/01/2024 Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	**Tomato Sweet Corn Pasta bake** milk, gluten,	**Chilli Beef With Salsa & Nachos**	**Roast Chicken Lemon & Gravy** gluten	**Katsu Chicken Curry & Naan Bread** Celery gluten soy	**Battered Fish (2, 3) with Lemon & Tartare Sauce** Fish, gluten
MAIN	**BBq Vegetable Sausage Wraps (vg)** Gluten, celery milk	**Chilli Vegetable & Bean Nachos (vg)**	**Butternut Squash, Chickpea & Lentil Dahl (vg)** Milk, gluten,	**Vegetable Katsu Curry & Naan (vg)** Celery gluten soy	**Vegetable Hot Dods With Chips & Onion (vg)** milk, gluten,
CARB	**Garlic Bread** weat dairy	**Steamed Rice**	**Roast Potatoes**	**Spiced Rice**	**Chips**
VEGGIES	**Seasonal Salad** **Sweetcorn & Pea**	**Broccoli & Caulifower**	**Roast Vegetables** **Kale**	**Asian Slaw** **Sweetcorn & Peppers** dairy gluten	**Peas** **Bakes Beans**
SALAD	**Chicken Caesar Salad or Roasted Vegetable Salad** eggs dairy sulphur	**Hot Smoked Salmon with Cucumber & Dill, Roast Squash Broccoli Salad** fish	**Cauliflowers with Tomato Dill & Capers Salad** **Grapefruit Segments Pumpkin**	**Tabbouleh (Bulgar Wheat Salad, Beetroot, Orange & Tarragon Oil** gluten	**Green Bean, Radish & Mixed Cress Salad** **Coleslaw Salad** eggs
DESSERT	**Steamead Rice Pudding** dairy	**Banana & carrots Cake** milk, gluten eggs	**Schortbread** milk, gluten	**Baked Apple Sponge Cake With Custard** milk Gluten eggs	**Wholemeal Oat Cookies** milk, gluten
BREAKTIME	**Pancakes & Assorted Toppings fruit Jelly** Gluten, eggs weat	**Tomato & Sweetcorn Pizza** **Cookies** Milk, gluten, soy	**Chocolate Waffles Topped with Chocolate Dip** **Yoghurt Pots** Milk, gluten soy	**Mixed Fruit Smoothies** **Muffin** Milk,	**Blueberries Muffin** **Shortbread** Milk, gluten eggs

AVAILABLE DAILY

Jacket Potato Station:	Beans, Cheese, Tuna Mayonnaise, or Hot Topping of The Day
Dessert:	Daily Cut Fruit Pot, Yoghurt Pot, Whole Fruit, or Cold Dessert Pot