

## Food Banks

### **Bethnal Green Foodbank – (Open Access)**

Opening times: Monday 8am to 12.30pm and Wednesday 2 to 7pm  
Raines Foundations School, Approach Road, E2 9LY  
For more information please visit [Bow Food Bank website](#).

### **Bow Food Bank – (Open Access)**

This location closed on 1 September 2023. A new Bow location will be opening later in 2023.  
For more information please visit the [Bow Food Bank website](#).

### **Ensign Youth Club – (Open Access)**

Opening times: Friday 10am to 1pm  
Wellclose Square, E1 8HY  
Contact: [info@ensign.org.uk](mailto:info@ensign.org.uk)

### **Bow Muslim Cultural Centre – (Open Access)**

Opening times: Friday 11am to 3pm  
246 Bow Road, London, E3 3AP  
Contact: [info@bowcentralmosque.co.uk](mailto:info@bowcentralmosque.co.uk)

### **St Dunstan's Food Bank – (Open Access)**

Opening times: Tuesday 11am to 3pm and Friday 11am to 3pm  
St. Dunstons & All Saints Church, Stepney High St, London, E1 0NR

### **SACC Food Bank – (Limited Access/by referral only)**

Opening times: Quarterly on Wednesdays from 3 to 4.30pm  
St Anne's Catholic Church, Underwood Road, E1 5AW  
Contact: [underwoodroad@rcdow.org.uk](mailto:underwoodroad@rcdow.org.uk) or 020 7247 7833  
Referrals can be discussed by email or contact number.

### **Food for Aldgate – (Limited Access/by referral only)**

Opening times: Friday 1 to 3pm  
Tonybee Hall, 28 Commercial Street, London, E1 6AB  
Contact: [Paul.wilson@eastendhomes.net](mailto:Paul.wilson@eastendhomes.net) or Twitter @FoodForAldgate.

### **Food for Mile End – (Limited Access/by referral only)**

Opening times: Thursday 2.30 to 4pm  
Southern Grove Community Centre, Southern Grove, London, E3 4FX  
Contact: [billy.howell@eastendhomes.net](mailto:billy.howell@eastendhomes.net)  
Please be aware this food bank prioritises East End Homes residents.

### **Women's Inclusive Team – (Limited Access/by referral only)**

Opening times: Appointment provided after referral  
Mayfield House 202 Cambridge Heath Road, E2 9LJ  
Contact: 07415 372 664 or email [shakilaa@wit.org.uk](mailto:shakilaa@wit.org.uk)

**Neighbours in Poplar – (Limited Access/by referral only)**

Please be aware that this service is only available for residents in E14 postcodes

Opening times: Tuesday 10.30am to 12pm

St. Matthias Community Centre, 113 Poplar High Street, London, E14 0AE

Contact: 020 7531 0190 or email [enquiries@neighboursinpoplar.com](mailto:enquiries@neighboursinpoplar.com)

**Our Forgotten Neighbours – (Open Access – Hot meals service)**

Opening times: Thursday 5pm

Outside Toynbee Hall, Community Centre, 28 Commercial St, E1 6LS

Contact: Email: [info@ourforgottenneighbours.net](mailto:info@ourforgottenneighbours.net) and Tel: 07496530878

Visit the [our forgotten neighbours website](#) for more information.

Come early to avoid disappointment

**FoodCycle Bow Road – (Open Access – Hot meals service)**

Opening times: Friday 7pm

Bow Road Methodist Church, 1 Merchant Street, London, E3 4LY

Contact: [bowroad@foodcycle.org.uk](mailto:bowroad@foodcycle.org.uk)

[FoodCycle Bow Road](#) welcomes anyone to attend as a guest and enjoy a FREE hot meal.

No need to book. Just turn up on the day!

**Dorset Community Food Hub – (Open Access – Hot meals service)**

Opening times: Thursday 12 to 3pm

Ground floor, former Dorset library, E2 8QX

For more information please visit the [Dorset Community website](#).

**Edward Gibbons House – (Hostel)**

Opening times: 24 hours

1 Parmiter Street, E2 9NG

For more information please visit [Providence Row website](#).