

SUMMER MENU

WEEK 1
WEEK 2

MON

TUES

WED

THURS

FRI

MAIN

BBQ CHICKEN GYROS
WITH PITTA, GARLIC
YOGHURT & CRUNCH
SALAD
(MK, G/W)

BEEF & LENTIL
LASAGNE WITH
GARLIC BREAD &
CHEF'S SALAD
(CE, E*, MK, G/B*, W)

PAPRIKA SPICED
CHICKEN &
STEAMED RICE

CHICKEN CHOW
MEIN WITH CRISPY
SPRING ROLL
(E, MU*, SE*, SO,
G/W)

PEPPERONI PIZZA
WITH CHIPS &
CHEF'S SALAD
(CE*, E*, MK, MU*,
SO*, G/W)

ROOTS & SHOOTS

FALAFEL BALLS WITH
LEBANESE RICE,
GARLIC YOGHURT &
CRUNCHY SALAD
(MK, SU*)

ROASTED
VEGETABLE
LASAGNE WITH
CHEF'S SALAD
(E*, MK, G/W)

BANG BANG
CAULIFLOWER WITH
SEASONED WEDGES &
CORN
(MK, MU*, SO*, G/W)

VEGETABLE CHOW
MEIN WITH CRISPY
SPRING ROLL
(E, MU*, SE*, SO,
G/W)

MARGHERITA PIZZA
WITH CHIPS & HOUSE
SALAD
(MK, G/W)

PASTA POPINA

TOMATO & BASIL
PASTA
(G/W)
V

SUPER GREEN PESTO
PASTA
(MK, G/W)

CREAMY CAJUN
PASTA
(MK, G/W)

CHERRY TOMATO &
SPINACH PASTA
(CE, G/W)
V

THREE CHEESE
PASTA BAKE
(MK, G/W)

ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD

PUD

PINEAPPLE UPSIDE
DOWN CAKE WITH
CUSTARD
(E, MK, SO*, G/W)

BANANA SPONGE
WITH CUSTARD
(E, MK, SO*, G/W)

JAM SPONGE
(E, MK, SO*, G/B*, W)

APPLE CUMBLE &
CUSTARD
(MK, G/B*, O, W)

CHOCOLATE &
ORANGE MARBLE
CAKE
(E, MK, SO*, G/W)

MEAL
DEAL

Theme
Days



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MAIN

BEEF & LENTIL SPAGHETTI BOLOGNESE WITH CHEF'S SALAD (G/B*, W)

PEPPERONI PANINI, SEASONED WEDGES & CHEF'S SALAD (CE*, E*, MK, MU*, SO*, G/B*, O*, R*, W)

ROAST CHICKEN WITH RUSTIC ROAST POTATOES, SEASONAL VEGETABLES & GRAVY (G/W)

BUTCHER'S SAUSAGE WITH MASHED POTATO, GRAVY & SEASONAL VEGETABLES (MK, SU, G/W)

HOT & SPICY CHICKEN WINGS WITH HOMEMADE WEDGES & CHEF'S SALAD

ROOTS & SHOOTS

ROASTED VEGETABLE & LENTIL SPAGHETTI BOLOGNESE WITH CHEF'S SALAD (G/B*, W)

MOZZARELLA, TOMATO & PESTO PANINI WITH SEASONED WEDGES & CHEF'S SALAD (MK, SO*, G/B*, O*, R*, W)

• THYME & GARLIC ROASTED QUORN WITH RUSTIC ROAST POTATOES, SEASONAL VEGETABLES & GRAVY (G/W)

VEGGIE SAUSAGE WITH MASHED POTATO, GRAVY & SEASONAL VEGETABLES (MK, G/W)

VEGGIE SUPREME PIZZA WITH CHIPS & HOUSE SALAD (MK, G/W)

PASTA POPINA

CREAMY PUMPKIN PASTA (CE, E, MK, G/W)

• MEDITERRANEAN VEGETABLE PASTA (V)

ROASTED SQUASH & PEA ALFREDO SPAGHETTI (E, MK, G/W)

MAC & CHEESE (MK, G/W)

TOMATO ARRABIATA PASTA (CE, G/W) (V)

ALL DISHES SERVED WITH SEASONAL VEG OR CHEF SALAD

PUD

JAM SPONGE WITH CUSTARD (E, MK, SO*, G/W)

SHORTBREAD BISCUIT (G/W)

STICKY BANANA & CINNAMON LOAF CAKE (E, MK, SO*, G/W)

LEMON DRIZZLE CAKE WITH LEMON SAUCE (E, MK, SO*, G/W)

SPRINKLE SPONGE CAKE & CUSTARD (E, MK, SO*, G/W)

MEAL DEAL

Theme Days

